HUNGER NETWORK IS ALWAYS IN NEED OF THESE ITEMS.

We're committed to providing healthy food options. We encourage food that is high fiber, low sugar and low sodium! Please refrain from using glass containers to avoid breakage.

CANNED PROTEIN
Tuna, Chicken, Ham

WHOLE GRAINS
Rice, Pasta, Oatmeal, Quinoa

FRUITS
Canned in Own Juice or Water

VEGETABLES
Canned and Low Sodium

BEANS
Canned or Dry

PEANUT BUTTER
Creamy or Crunchy

CEREAL
Whole Grain, Hot or Cold

HEALTHY SNACKS
Granola Bars, Raisins, Nuts

HYGIENE ITEMS
Toilet Paper, Tampons, Deoderant

Hunger Network | No one goes hungry. No food goes to waste.
4415 Euclid Avenue, Suite 110, Cleveland Ohio 44103
216.619.8155 | hungernetwork.org